



**The Hong Kong Girl Guides Association
Interest Badge Syllabus
Brownie Section**

Cooking

I. Either at the assessment, or at home providing photographic evidence:

1. Prepare a meal for 2 people. Choose one of the following:

- a. Chinese style:
 - Two main dishes
 - A soup
 - Rice or noodles
- b. Western style:
 - An appetiser
 - A main course
 - A dessert
 - A hot drink

2. Wash all the tableware and cookware afterwards.

II. Present the following in a logbook:

1. A list of ingredients used in the recipes above. Include the price of the ingredients.
2. How to use a stove safely.

Note

Canned or preserved foods are not allowed.

Remarks

This badge is part of the INTERMEDIATE Collective Emblem.