



The Hong Kong Girl Guides Association
Interest Badge Syllabus
Brownie Section

First Aid

- I. Explain the aims of first aid.
- II. Demonstrate how to clean a wound to prevent infection.
- III. Demonstrate the following uses of a triangular bandage (to be selected by the Assessor):
 1. Arm Sling
 2. Elevation Sling
 3. Bandaging head injury
- IV. Demonstrate one of the following bandaging for injured limbs (to be selected by the Assessor):
 1. Elbow / Knee
 2. Arm / Calf
- V. Demonstrate and explain how to control bleeding.
(e.g. nose bleed, cut finger)
- VI. Demonstrate and explain how to treat a minor burn burns and scalds.
- VII. Whom should you inform immediately and what information should you give in the case of an accident:
 1. At school
 2. At home
 3. At a Girl Guiding event
 4. In a public area, e.g. shopping mall, cinema
- VIII. Explain to the Assessor the proper procedure for calling the police or ambulance.

Remarks

This badge is part of the EXPERT Collective Emblem.

Note

Holders of one of the following certificates are qualified for this badge:

- Hong Kong Red Cross “Youth First Aid Certificate” (YFA)
- Hong Kong St. John Ambulance “Basic First Aid Certificate” (BFA)
- First Aid Courses organised by the Hong Kong Girl Guides Association

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Assessment

The Assessor must be a qualified doctor, a registered nurse, a current ambulance officer/ambulance man/ ambulance woman with the Fire Services Department, an Instructor in First Aid of the Hong Kong Red Cross, Hong Kong St. John Ambulance or Hong Kong Society of Professional Medical Care, or a holder of the Adult First Aid Certificate from the above organisations.

An Appointed Guider who holds the above qualifications may assess this badge for their own unit.