



**The Hong Kong Girl Guides Association
Interest Badge Syllabus
Brownie Section**

Swimming (Stage II)

Candidates must have obtained Swimming Badge (Stage I) before applying for this badge.

- I. Swim 50 metres in any style.
- II. Pick up an object (e.g. bunch of keys) from 1 metre below the surface.
- III. Tread water for 1 minute.
- IV. Perform a sitting or standing dive.
- V. Describe how to use basic swimming aids (e.g. pool ring, swimming kickboard, life jacket, etc.)

Remarks

This badge is part of the EXPERT Collective Emblem.

Note

Holders of a certification letter (with letterhead or official chop) from official swimming organisations are qualified for this badge.

The letter must be submitted to the HKGGA Programme Department for approval and issuance of the Badge Certificate.

Assessment

An Appointed Guider who holds a valid Life Saving Certificate or Swimming Teacher Certificate may assess this badge for their own unit.