

Backwoods Cooking

Perform outdoor cook using firewood or charcoal. (You must obtain the approval from the venue before starting the fire.)

- I. Cook a meal to serve a Patrol:
 - 1. Courses must include Grains and Cereals, Fish, Meat, Egg and Desserts. (No canned food or ready-made food.)
 - 2. Apply at least four cooking methods. (Including not using any cooking utensils and homemade facilities.)
 - 3. Build and use an outdoor oven.
- II. Show the following to the Assessor:
 - 1. Duty List of the Patrol members.
 - 2. Financial budgets and reports.

Remarks

- 1. An appointed Guider who holds a valid Camper's License or Quartermaster Certificate may take this pennant assessment for her own Unit.
- 2. The Current Division Camp Consultant may take this pennant assessment for Guides from her Division.



Campfire

Demonstrate a campfire activity and show the following to the Assessor:

- I. Describe the origin and meaning of campfire activity.
- II. Prepare the materials and demonstrate how to stack the firewood.
- III. Describe the safety precaution during a campfire activity.
- IV. Design and make one campfire gown or campfire hat, explain your idea.
- V. Plan and lead a campfire programme, including:
 - 1. A series of campfire songs related to the main theme of the activity. Action songs and round part songs should be included.
 - 2. An item using portable musical instruments. You can make your own instruments.
 - 3. An item other than singing. (e.g. a mime, a game, a dance, a recitation, etc.)
 - 4. An item from overseas.
 - 5. Taps and a vesper or a closing song.

Remarks

- 1. An appointed Guider who holds a valid Camper's License or Campfire Leader Certificate may take badge assessment her own Unit.
- 2. The Current Division Camp Consultant may take this pennant assessment for Guides from her Division.



Camp Preparation

- I. Sketch a layout of a Patrol campsite and demonstrate how to pitch, strike and air a tent.
- II. Out-of-doors, make a fireplace, light a fire or use a gas stove and cook on it. Explain the storage of food.
- III. Each member of the Patrol must describe and demonstrate how to roll and tie up camp bedding and pack their own rucksacks.
- IV. Make the below gadgets:
 - 1. Sleeping tent
 - 2. Kitchen tent
 - 3. Table
 - 4. Wash tent
 - 5. Improvise a flagpole and hoist the Unit Flag
- V. Have a First Aid kit and show to deal with burns, scalds, cuts and sprains.
- VI. Plan a two-night-three-days camp and make a camp plan book including camp programme, menu and budget.
- VII. During the assessment, carry out an activity which can only be done out-of-doors, e.g. play a wild game or make something out of natural material.
- VIII. Explain to the Assessor the camp safety precautions, including Country Code, use of whistle or fire drill, etc.

Assessor's Qualifications

- 1. An appointed Guider who holds a valid Camper's Licence may take this pennant assessment for her own Unit.
- 2. The Current Division Camp Consultant may take this pennant assessment for Guides from her Division.

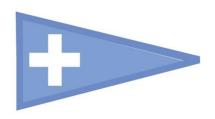


Conservation

- 1. Visit an Environmental Resource Centre. Record the process and share with the Assessor.
- 2. As a Patrol, join at least four activities about conservation. (e.g. Yuen Chau Tsai Ambassador or Conservation Ambassadors from associated organizations, etc.) Share the experience with the Assessor.
- 3. Plan and carry out a conservation project. Record the aims, programmes, methods, financial reports, comments and evaluations.

Remarks

An appointed Guider who holds a valid Conservation Instructor Certificate may take this pennant assessment for her own Unit.



Emergency Team

Complete the following for a case provided by the Assessor during the assessment:

- I. Control the situation
- II. Division of members
- III. With assistance with a manikin or mask, demonstrate one-to-one or two-to-one CPR. Show how to place the patient in the recovery position in case he should vomit.
- IV. 1. Stop severe bleeding with a pad and bandage.
 - 2. Deal with burns and scalds, including treatment to guard against shock.
 - 3. Put on an arm sling and bandage a sprained ankle or wrist.
- V. Demonstrate how to comfort the injured.
- VI. Demonstrate the appropriate procedures to call for emergency or an ambulance.
- VII. Demonstrate Bowline, Figure-of-eight Knot, Chair Knot and Monkey's Fist.
- VIII. Throw an un-weighted rope at least ten metres away.



The Hong Kong Girl Guides Association Interest Badge Syllabus

Guide Section Patrol Interest Pennant

Exploration

- I. Each member of your Patrol should present to the Assessor the suitable equipment for outdoor expeditions. Have ready a pocket first aid kit and know how to use it. Get a Guider to check this when you are ready.
- II. Explain the Country Code.
- III. Plan, carry out and record one of the following expeditions. Share your experience with the Assessor by sketches, words, photos, etc.
 - 1. Climb a hill.
 - 2. Follow a hiking trail or river.
 - 3. Visit an historical building or other place or building or interest.
 - 4. A place where you visit for the first time. (Must obtain prior approval from the Unit Guider.)
- IV. Explain one of the following to the Assessor:
 - 1. At least ten Hong Kong local products.
 - 2. At least three interesting epitaphs or inscriptions on monuments.
 - 3. At least four interesting buildings, each from a different architectural period.
 - 4. At least four inn signs either of interesting design or original relevance in Hong Kong.

Remarks

An appointed Guider may assess this pennant for her own Unit.