



The Hong Kong Girl Guides Association
Interest Badge Syllabus
Guide Section

Country Walking

- I. Go on at least three hikes in different areas with your friends or Patrol. These hikes should be for purposes, such as bird-watching, plant-observing etc. On each of these hikes, you must go with at least three other people and cover at least 4 km on foot.
- II. In a logbook, record your journeys, including the full particulars of route charts, journey records, purposes of the journeys and any interesting events on the way.
- III. List the Country Code.
- IV. Make a list of the suitable clothings, footwears and equipment for hiking in a variety of weather conditions.
- V. Describe Safety Rules and the procedures for calling for help.
- VI. Describe how to help protect the environment when hiking, e.g. the concept of "Leave No Trace".
- VII. Prepare a First Aid kit suitable for your Patrol on a day trip.

Remarks

An appointed Guider who holds a valid HKAYP Expedition Instructor Certificate may take this badge assessment for her own Unit.

Hong Kong Award for Young People

Candidates who have completed the Adventurous Journey Section at the Bronze Level or above of the HKAYP in the "Hiking" are qualified for this badge.