

The Hong Kong Girl Guides Association
Interest Certificate Syllabus
Ranger Section

Canoeing (Charge) Permit

- I. Applicant's Qualifications:
- Aged 16 or above
 - Holder of the Water Test Certificate or Swimmer Badge (Stage I)
 - Practised canoe for at least 12 hours in the past 12 months
 - Completed the Canoe Charge Permit training course
- II. Examination Standards:
- A. Written Test
1. Knowledge on land maps, sea maps and compasses
 2. Equipment for individual and group sea trips
 3. Knowledge on wind, tide and current
 4. Knowledge on emergency repair at sea
 5. Ability to tie the following knots and to brief on their uses in water sports:
diamond knot, donkey's hitch and monkey's knot
- B. Display of and proper packing of workable equipment for a one-day sea trip, including personal clothing, rubber shoes and the following:
1. Canoe, paddle, spray cover and life jacket
 2. Repair tools
 3. First aid equipment
 4. Emergency bag
 5. Spare clothing
 6. Lunch and drink
 7. Towline (not shorter than 5m)
 8. Emergency food and drink
 9. Whistle
 10. Torch
 11. Map
 12. Compass
 13. Radio receiver
- C. Skills Test
1. Launch by one person
 2. Embark and disembark (pier / beach / slipway)
 3. Empty a canoe by one person on shore
 4. Slap for support (stationary and moving)
 5. Sculling draw
 6. Sculling for support
 7. Low brace turn
 8. X-rescue
 9. Swimmer to canoe rescue
 10. Eskimo rescue
- D. Practice
- Assist in canoe training / activities for a total of 10 hours within 12 months under the instruction of a qualified canoe coach.

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Remarks

Ranger who hold the Proficiency Certificate issued by the Canoe Union may apply for Conversion of Sea Activity Qualification through the HKGGA Programme Department.