

The Hong Kong Girl Guides Association Farm Visit - From Soil to Mouth



(Note: the workshop would be conducted in Cantonese)

Programme Contents:

Through mindful eating, the participants know more about the relationship between farming and food, and hence learn to be grateful for the source of food. It can also increase the understanding of organic life style and the awareness of environmental protection. The workshop will include:

1. Experience mindful eating

2. Practice organic farming

3. Visit to Vessel Urban Farm

4. Make seedling pot by a toilet paper tube

Date: 15 December 2019 (Sunday)

Time: 9:00a.m. – 12:00n.n.

Venue: VESSEL 02 Urban Farm, 90 Hoi Bun Road, Kwun Tong, Kowloon

Meeting and Dismissing Meeting Time: 8:15a.m.

time: Dismissing Time: 12:30p.m.

Meeting and Dismissing HKGGA Headquarters (G/F, 8 Gascoigne Road, Kowloon, Hong Kong)

Venue:

Target: Brownie Guide / Girl Guide / Ranger Guide/ Golden Guide/ Guider

*Each application group should include one member and one family member/ Guider. Participants who aged below 18 years old must be accompanied by an adult family

member/ Guider

*All participants must be aged 6 years old or above

Fee: \$20 per group

(Fee including entrance and coach fee of 2 participants)

Quota: 15 groups (30 people in total)
Application Deadline: 22 November 2019(Friday)





Points to note before apply:

- 1. Transportation will be arranged for participants from Headquarter, HKGGA to the field site. Please state clearly on the application form whether transportation arrangement is needed.
- 2. Each application should include one member and one family member/ Guider. Participants who aged below 18 years old must be accompanied by an adult family member/ Guider.
- 3. Application without application form or payment will be regarded as unsuccessfully and will not be accepted.
- 4. Once your application is accepted, reimbursement will not be entertained except cancellation of class due to bad weather arrangement. (Please refer to Bad Weather Arrangement of HKGGA)
- 5. Participants should stay tuned for our website update for application result and activity reminder.

Application method:

Applications form and fee should be submitted by Post or In-Person to The Hong Kong Girls Guides Association – Programme Department. (Address: 8 Gascoigne Road, Kowloon, Hong Kong) on or before **22 December 2019 (Friday).** Only cheque payment is accepted (payable to: The Hong Kong Girls Guides Association).

Enquiry: Ms. Joey Cham (Tel: 2359 6815)